

# European Solidarity Corps



2022.01:  
*Info-pack for Volunteers*

# About the Organization

## INTERCULTURAL ASSOCIATION FOR ALL

Intercultural Association For All (IAFA) is a non-profit organization. It is mostly constituted by young people, who decided to invest their intellectual and creative capital in the service of the community.

It has important national and international partnerships with public and private entities and also with companies. Its team work has a strong presence of local, graduated and with master's degrees volunteers, who usually participate on Erasmus+ programs. IAFA's staff know European mobility and volunteering programs and are used to deal with all of the practical aspects, so they are ready for this challenge.

Its mission is to actively contribute to unemployment decrease and to promote Europe as an opportunity.

IAFA's main goal is to support local development, in order to raise its patterns to European levels. Intends to mobilize its resources, knowledge and skills to job's creation, vocational and civic training, in order to create equal opportunities for all.

IAFA's main activity is to promote different European programs, in the cultural, social and mobility sphere, in order to contribute to a more cohesive knowledge and closer to the European Union's different countries' realities.

It seeks to promote intercultural cooperation among people, approaching themes as human rights, equal opportunities and entrepreneurship, making aware of a major collective voluntary solidarity need and social inclusion.

The main commitment is to promote European mobility to people with different training and business areas and to those who want to inspire and learn with other European organizations.

# About the Project

## EUROPEAN SOLIDARITY CORPS

It is intended to help in the creation of a more interconnected European environment, where all the volunteers can contribute in social, cultural and professional ways, in order to create, in the future, a more powerful EU and with better knowledge of each country's reality. Partners were chosen by its experience and collaboration, and by their participation on similar projects.

The volunteers will have contact with a new culture, will meet new people and will live new experiences. The volunteer will have the opportunity to participate on events' organization and in several activities promoted by IAFA. Being the voluntary from a different nationality, they can share their experience and culture giving projects added value in the European intercultural sphere.

Before the departure, each ESC volunteer must sign with the sending and host organizations a volunteering agreement. This agreement will set the tasks that the volunteer will perform during the ESC project, as well as the intended learning results. As part of the agreement, the volunteer will receive a ESC pack containing information about what to expect from ESC and how to use Youthpass, and it will also receive a certificate in the end of the action.

## MOBILITY DATES AND DURATION

*Activity ID: 2022.01\_0202:*

The mobility will be started on **January 2023** (the exact dates will be agreed between volunteer and hosting organisation) and the duration of the activity will be **180 days** including travel days.

This activity is financed by the European Commission European Solidarity Corps Programme and approved by the National Agency in Portugal. The reference number for the project is **2022-1-PT02-ESC51-VTJ-000080186**.

## **VOLUNTEERS ACTIVITIES**

### *Activity 1.1: Non formal Trainings in IAFA Center*

Below mentioned trainings are held in our center within the participation of local people. Through this trainings, our members and volunteers have chance to communicate with local people and learn together.

- > Essentials of Entrepreneurship and Small Business Management Trainings
- > Business Start-up Trainings
- > Mentor and Day-to-day Support to Entrepreneurs
- > Livelihoods and Economic Inclusion Training
- > Financial Literacy for Young People
- > Financial Literacy for Entrepreneurs and Potential Entrepreneurs
- > Social and Financial Education
- > Social Cohesion Workshops (participation of refugees and members of local community)
- > Language Courses

### *Activity 1.2: Youth Information Sessions*

We organise youth information sessions through seminars and conferences in order to promote Erasmus+, European Solidarity Corps, other European Programs which support youth and volunteering opportunities. The seminars and conferences take place in following places with the support local organizations:

- High schools
- Universities
- Senior Universities
- Municipalities
- Professional Institutions

As an organization, we're participating in seminars and conferences as speaker / trainer and/or as a part of organizers in order to inform young people about Erasmus+, European Solidarity Corps, other European Programs which support youth and volunteering opportunities. Volunteers will take part of planning, organising and reporting phase of the information sessions.

### *Activity 1.3: Youth Fair of Barcelos*

In order to ensure active participation in the youth fair of Barcelos, our organization is regularly represent in the fair area with a stand and support of European Solidarity Corps volunteers. Volunteers are informing their peers about youth opportunities, volunteering,

European values, solidarity and youth participation in European level. The volunteers also have a space to play educational games with their peers such as European Game, Financial Education Game etc.

#### *Activity 1.4: Other Standart Activities*

Apart from ordinary activities that all volunteers and member of IAFA support, the volunteers should also select one activity type from below mentioned regular activities according to their experience, interest and skills:

- To promote volunteering: by creating a blog, through social networks, press and conferences;
- To give local population the possibility of interact with volunteers in a foreign language such as language courses and speaking clubs;
- To learn and improve capacity on project development and implementation such as developing Erasmus+ and European Solidarity Corps Projects, implementation of the projects and followup process;
- To support elderly people by helping experts in elderly house, playing educational and cultural games, create sustainable friendly environment;
- To support children by helping experts in kindergarten; playing educational games, create sustainable friendly environment;
- To support daily operation of tourism center of Barcelos;
- To develop volunteers' own projects according to volunteers' interests and skills.

## **ACCOMMODATION**

The volunteering project will take place in Barcelos, Portugal. Barcelos, has all the conditions to embrace this project, which makes a pleasant location for the volunteers and benefits local population, who gains with the experience, activities and knowledge exchanges brought by volunteers.

Volunteers will be hosted in a private house/ apartment with two/three beds per room, located in Barcelos city center. Each volunteer will have house with all the facilities (fridge, washing machine, furniture, bedroom clothes, cutlery), ensuring a nice, safe and pleasant experience.

The safety of our volunteers and team members are of paramount priority for IAFA and we follow all rules and regulations issued by global and local government closely.

## VOLUNTEERS PROFILE

This ESC opportunity is open to all young people from Programme Countries between 18 - 30 years old. Volunteers will be selected in a fair, transparent and objective way, no matter their ethnicity, religion, sexual orientation or political opinion. The selection process will be done with the cooperation between sending organization and IAFA.

## POCKET MONEY AND FOOD ALLOWANCE

We will provide a food allowance\* (120,00€)/monthly and pocket money (5,00€)/daily, covering also the holiday period by the means of cash to the volunteer(s).

## HOW TO REACH BARCELOS

### From Porto airport (OPO - Aeroporto Francisco de Sá Carneiro):

- The best option is to take the Metro from the airport to Campanhã Metro Station (Line E)  
# Webpage: <https://en.metrodoporto.pt/>
- From Campanhã Metro Station (is the same place of the train station) you walk to Campanhã Train Station, and from there you can take train to Barcelos.  
# Webpage: <https://www.cp.pt/passageiros/en>

### From Lisbon airport (LIS - Humberto Delgado Airport):

- The best option is to take the Metro from the airport to Oriente Metro Station.  
# Webpage: <https://www.metrolisboa.pt/en/>
- From Oriente Metro Station (is the same place of the train station) you walk to Oriente Train Station, and from there you can take train to Porto Campanhã Train Station.  
# Webpage: <https://www.cp.pt/passageiros/en>
- From Campanhã Train Station (in Porto) you can take train to Barcelos. Webpage:  
# <https://www.cp.pt/passageiros/en>

## CONTACT

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